

# Pueblo

## Holistic Health Living Fair

### A Mind-Body-Spirit Event

**Where:**

CSU-Pueblo  
Occhiato Ballroom

**When:**

Saturday  
10:00am til 6:00 pm  
Sunday  
10:00am til 5:00pm

**Admission:**

\$5 Daily  
\$8 Special Admission  
For Both Days

**Featuring:**

Holistic Alternative Health Approaches, Aura Pictures, Readings, Meditation Tools, Metaphysical Merchandise, Workshops and Information, Food Court.

Admission Includes Workshops  
Senior-Military-Student Discounts

Phone: 719-547-4883

[www.PuebloHolisticFair.com](http://www.PuebloHolisticFair.com)

*November 1st & November 2nd*

# Saturday Presentations

**11:30 to 12:15**

**\*IlgaAnn Bunjer**

**The Purpose of Life**



Humanity is in the process of shifting our consciousness level as many wake from a spiritually sleeping state. As a result, there are things we should do to raise our vibration level to where it needs to be for a better future for ourselves and our planet. Learn about Spiritual Life Contracts and the tasks associated with three levels of life purpose, to maximize your personal growth.

This workshop is presented by IlgaAnn Bunjer of Firelight Crystals, author of "Ancient Spiritual Wisdom-A Wake-Up Call to Humanity!" This guidebook will change how you look at life and help you understand the tools you didn't know you had. **Booth 48 & 49**

**12:30 to 1:15**

**\*Linda Lee Landon**

**Listening To Angels and Talking to the Ghost's Whisperings**



Linda Lee has worked with angels since she was 6 years old. She was on the national TV show in the 1990s called "The Other Side". This workshop will teach how to hear angels and talk with them. Also, learn how to see good ghosts and possibly get pictures of them. Linda Lee will also teach how to communicate with friends and relatives who have passed on. Linda Lee has enjoyed doing metaphysical work and teaching people the positive aspects of visiting with angels, ghosts and relatives. She teaches how to allow these experiences to enrich lives and how to learn

to embrace this with fun.

**Booth 12**

**1:30 to 2:15**

**\*Ariel Heart**

**The Secret to the Secret**

Even before the blockbuster movie "The Secret" the principles have been present in our society, from songs like "Accentuate the Positive" to the Christian "name-it-and-claim-it" preaching's. Yet we still don't really get it. Even Oprah said there is more to it. What more do you need to know? Find out in this workshop including handouts. Ms. Heart has nearly twenty years corporate Fortune 500 "real-life" experience. She possess a Bachelors of Science in Business Administration (Mgmt emphasis) and is also a Life Coach trained by Coachville. She is a Reiki master teacher, Shamanic practitioner, intuitive tarot reader and teaches meditation. She is finishing her first non-fiction book shortly and has self-help articles published online and through Associated Content. She is able to present complex concepts in down-to-earth terms. **Booth 3**

**2:30 to 3:15**

**Jerry Greenwood**

**Your Blood, the Window to Well-Being**

Naturopathic Doctor, Physicians Assistant and Registered Nurse, Jerry Greenwood, , will enlighten her audience about blood analysis and understanding blood work. Learn how you can apply blood analysis to your well-being and good health. Jerry brings the best of both worlds (conventional medicine and holistic practice) together to better serve patients and clients. A little bit of knowledge will go far in bettering your state of being and wellness. During this presentation you will gain insight into obscure diseases that are afflicting society masked as other diseases . Consider that Lyme disease once thought rare and occurring only in limited areas is now all-pervasive in our country, and may well be in many cases the underlying cause of a myriad of other complaints and illnesses. This is one work shop you will want to attend! **Booth 42**

**3:30 to 4:15**

**\*Allison Weisbeck & Bob Halstead**

**Shedding the Constraints of Ego**

This workshop gives us tools to stay in present moment consciousness, encouraging us to come to a new place of awareness in order to identify when and how the ego takes hold, and keeps us in a state of "unconsciousness". Letting go of the old ways and thought patterns, that keep us repeating the very actions that hold us back from a place of freedom in our lives. Bob and Allison have worked as intuitive/clairvoyants doing readings, emotional release work, spiritual coaching, teaching, Reiki and Quantum Touch healings for years now. They are truly inspired to bring the highest level of teaching, healing and guidance to the individuals they work with, acting as catalysts in their healing process. **Booth 32**

**4:30 to 5:15**

**Tawnya Salas**

**Acupuncture In Action**



Tawnya, L.Ac., M.S.O.M., experienced acupuncturist and practitioner of traditional Chinese Medicine will demonstrate through hands-on examples how this ancient health treatment works. **You will see actual insertion of the needles with explanation of acupuncture points and the system of channels which run over the body, conducting the flow of vital energy influencing disease processes in the body.** **Booth 35**

# Sunday Presentations

**11:30 to 12:15**      **\*Mary Soliel**      **Allow Synchronicity and Your Angels to Help You!**



We are constantly graced with synchronicity, or meaningful coincidences, but we need to become relentlessly aware of signs so that they can guide us. Our angels are around us 24/7 wanting to serve us, but because of our free will, we must first ask for their help. In this inspirational workshop, learn how to allow these gifts of synchronicity and the presence of our angels to help us create the lives we really want! Mary Soliel is the author of *I Can See Clearly Now: How Synchronicity Illuminates Our Lives* and creator of the Meditation CD *Ask Your Angels for a Message*. The messages in this

workshop can spawn or accentuate the awareness of the miracles and messages you are receiving every day— but you just might not have noticed, until now! Visit Mary online at [www.marysoliel.com](http://www.marysoliel.com) **Booth 15**

**12:30 to 1:15**      **\*Kamala**      **Essential Oils for the Goddess Within**



Fragrant substances have been used for millennia to invoke divine energies in our lives. Join Kamala as she weaves history and mythology together with the healing properties of essential oils to create a brilliant tapestry of information to help you discover and care for the goddess within. We will be discussing 10 different goddesses from different world traditions, their stories, and the essential oils which can be used to bring their powerful energies into your daily life. **Booth 54 & 61**

**1:30 to 2:15**      **\*Lisa Webster**      **Meet Your Spirit Guide**



Have you ever felt that there is a presence with you or that you are receiving information from somewhere other than your own thoughts? Most likely, the information is coming from your spirit guides. These are a group of beings that are helping you on your journey of life. This workshop focuses on spirit guides and their different functions. You will also learn how to access them more easily to receive information about your life's journey. Lisa will also take you through a guided meditation at the end of the seminar in order to aid you in connecting with your spirit guide or

guides. Lisa is a Certified Professional Tarot Reader through the Tarot Certification Board of America and is a member of the American Association of Psychics and Mediums. She has attended the Clairvoyant Training Program at Psychic Horizons Center in Boulder, CO. Lisa is also an ordained Minister through the Universal Life Church. Lisa has always had a strong connection to the spirit world and has been communicating with her spirit guides since she was a young adult. Lisa is able to work as a conscious or trance channel and works with many Masters to gain spiritual insight. **Booth 39**

**2:30 to 3:15**      **\*Dorinda Fox**      **The Inner Peace Movement International, Inc.**



For over 40 yrs. The Inner Peace Movement and related programs have firmly established themselves across the US and Canada and are available in 37 countries around the world. IPM programs have helped people define their inner values, share on a soul to soul - person to person level, and respect that they are the architects of their own fulfillment. The spiritual needs of people are greater today than ever before. All over the world people are asking the same questions: Who am I, where did I come from, and where am I going? This program is an opportunity to meet with

other searcher to expand sensitivity, to learn about one's own individual thrust and communicate with your own personal group of Angels or "Guidance". Dorinda Fox is a former president of IPM Intl. And a current member of the Board of Directors. She has been involved for over 30 years, and is a touring leader, consultant and instructor. To quote the IPM founder, Dr. Francisco Coll, "We are a soul with a physical body; not a physical body with a soul". There will be a follow-up program the next week in Pueblo called an Angel Encounter Workshop where one can begin this exciting journey. **Booth 65**

**3:30 to 4:30**      **\*Dave Rouse**      **The Rolling Stones are wrong! You really can get what you want!**



**Why going for what we want is easier than going after what we think we need.**

Discover how when we let ourselves want what we really want, we can lead amazing and powerful lives! In this class we will be reminded of what our true self wants our life to be about. Learn how to harness that power and combine it with our passion, so we can easily live a life of purpose!

Discover that you really do have a choice in how your life is lived, and that the pain is optional! Using tools and techniques, we will examine why letting inspiration guide us is better than creating desperation and crisis, or doing what we (or others) think we "should" do. Instead, learn how following an inspiration creates a rich and amazing life! **Booth 14**